



## Suggested Kit List For Residential Groups

The following kit list is a recommendation only.

Please bring enough sensible clothing for the duration of your visit.

Whatever the time of your visit it is essential that everyone brings a waterproof coat.

Another hat or peaked cap is also highly recommended for use in both hot and cold weather.

- Teeshirts, long-sleeved shirts, sweatshirts, a fleece, and/or warm jumper.
- Lots of thin layers are better than one or two thick ones.
- Shorts, trousers (Please note that jeans or denim are fine for some on-site activities, but should not be worn on long walks).
- Nightclothes (dressing gown optional).
- At least 2 pairs of footwear (eg. trainers or shoes), + walking boots (optional).
- Wellies are sensible for some on-site activities and for walks during wet weather. If you have them bring them, but if not do not worry.
- Wash kit (facecloth, soap, shower gel, toothbrush & toothpaste).
- A hand towel, a bath towel (or two if you are staying 4 nights or more)
- A peaked cap and/or sun hat with a circular brim.
- A personal drinks bottle.
- A lunchbox (optional).
- Sun cream (essential during May-September).
- At least two plastic bags: one to keep dirty clothes separate from clean clothes, and one to sit on outside if the ground is damp.
- Pack your main kit into a large hold-all or bag. (Suitcases are fine, but are sometimes awkward for children to carry between vehicles & accommodation).
- Bring a small day bag or rucksack, preferably with two straps and large enough to carry lunch, waterproofs, and a spare sweatshirt or jumper.